

**STATE PLAN FOR  
INDEPENDENT LIVING  
(SPIL)**

Rehabilitation Act of 1973, as Amended, Chapter 1, Title VII  
&  
The Workforce Innovation and Opportunity Act of 2015

**PART B - INDEPENDENT LIVING SERVICES**

**PART C - CENTERS FOR INDEPENDENT LIVING**

State: Missouri

FISCAL YEARS: 2021 to 2023

**Effective Date: October 1, 2020**

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless such collection displays a valid OMB control number (OMB 0985-0044). Public reporting burden for this collection of information is estimated to average 240 hours per response, including time for gathering and maintaining the data needed and completing and reviewing the collection of information. The obligation to respond to this collection is required to receive financial assistance (Title VII of the Rehabilitation Act of 1973, as amended).

## Executive Summary

The mission, goals, objectives and action steps of the Missouri three (3) year Statewide Plan for Independent Living (SPIL) for 2021 – 2023 are defined in Section 1 of the State Plan. The mission of the Missouri IL Network, and the SPIL, is to ensure that individuals with disabilities in Missouri live independently and participate as they choose in the community.

The SPIL contains four (4) goals to achieve progress toward the mission:

1. **Community Integration:** Increase community integration of persons with disabilities across Missouri in these three areas: (1) Housing, (2) Employment, and (3) Transportation.
2. **Civic Engagement:** Stimulate civic engagement of Missourians with disabilities and Centers for Independent Living (CILs) to result in increased inclusion and independence. Objectives: (1) Increase civic engagement of persons with disabilities, promoting self-advocacy. (2) Increase voter registration, (3) Educate self-advocates about serving on local and state boards, committees, and commissions. (4) CILs will reach out to their local election commissions to offer resources on ADA compliance and accessible voting.
3. **Emergency Preparedness:** Expand emergency preparedness, response and recovery for people with disabilities in Missouri. Objectives: (1) Ensure access to disability emergency planning and preparedness resources that can be used by consumers to ensure their safety during a disaster or pandemic. (2) MOSILC and CILs continue to build disability inclusion into all aspects of emergency management through partnerships with local, state, and federal emergency management.
4. **SILC Capacity:** Increase the capacity of the Missouri Statewide Independent Living Council. The SPIL contains objectives and action steps directed towards the achievement of these goals. The MO IL Network utilizes SPIL workgroups comprised of CIL Eds and staff, SILC ED and members, self-advocates and parent advocates, and VR-IL Director and staff to work on action steps. This unique setup allows a truly integrated and community approach to support Independent Living.

The scope of services provided, outreach related to unserved and underserved populations, coordination of services and cooperation among programs and organizations to support inclusive community living are described in Section 2.

A detailed explanation of expansion of the network, minimum funding levels for CILs, and distribution of funds is included in Section 3.

Section 4 represents the Designated State Entity's (DSE) response to their administrative responsibilities related to the SPIL.

The Statewide Independent Living Council's (SILC) establishment, autonomy, resource plan, appointment process, and staffing are detailed in Section 5.

Section 6 provides legal certifications for the identified entities involved with authorities and responsibilities of the SPIL.

Section 7 identifies the DSE assurances and expresses the administrative role and responsibilities of the DSE.

Section 8 provides the SILC Assurances and Indicators of minimum compliance, detailing the functions, authorities, and requirements for operating as a SILC.

## **Section 1: Goals, Objectives and Activities**

### 1.1 Mission:

To ensure that individuals with disabilities in Missouri live independently and participate as they choose in the community.

### 1.2 Goals:

Goal 1: Increase community integration of persons with disabilities across Missouri in the areas of: (1) housing, (2) employment, and (3) transportation.

Goal 2: Stimulate civic engagement of Missourians with disabilities and Centers for Independent Living (CILs).

Goal 3: Expand emergency preparedness, response and recovery for people with disabilities in Missouri.

Goal 4. Increase the capacity of the Missouri Statewide Independent Living Council.

### 1.3 Objectives:

Objectives for the three-year period of the plan – including geographic scope, desired outcomes, target dates, and indicators. Including compatibility with the purpose of Title VII, Chapter 1.

<b>Goal(s) from Section 1.2</b>	<b>Objective(s) to be achieved and Action Steps</b>	<b>Time frame start date</b>	<b>Time frame end date</b>
<b>Goal 1: Increase community integration of persons with disabilities across Missouri in the areas of: (1) housing, (2) employment, and (3) transportation.</b>		10/01/2020	9/30/2023

<p><b>1.1. Housing</b></p>	<p>1.1.A. Educational opportunities and resources will be developed and provided to increase centers for independent living influence on their local housing market and to educate statewide stakeholders.</p> <p>Action steps:</p> <p>1.1.A.a. At least 33% (7) of Missouri CILs will utilize Universal Design materials to educate the public regarding Universal Design by the end of year two of the SPIL.</p> <p>1.1.A.b. At least 50% (11) of Missouri CILs will utilize Universal Design materials to educate the public regarding Universal Design by the end of year three of the SPIL.</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2022</p>	<p>9/30/2023</p> <p>9/30/2022</p> <p>09/30/2023</p>
	<p>1.1.B Centers for independent living statewide and other stakeholders participate in policy making processes that impact consumer housing options.</p> <p>Action Steps:</p> <p>1.1.B.a. Housing Committee will hold an advocacy day at the MO State Capitol and will create talking points and tools for participants to utilize in their advocacy efforts in years two and three of the SPIL.</p> <p>1.1.B.b. Housing Committee members will facilitate the support of applicable legislation</p>	<p>10/01/2021</p> <p>10/01/2021</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p> <p>9/30/2023</p>

	through letters and education of the community.		
	<p>1.1.C. The MOSILC Housing Committee will support centers for independent living statewide to play an active role in the development of affordable and accessible housing.</p> <p>Action Steps:</p> <p>1.1.C.a. MOSILC Housing Committee will provide information and assistance for centers for independent living to use locally to work with realtors to include accessibility information in MLS listings in year one of the SPIL.</p> <p>1.1.C.b. At least 25% (5) of CILs will utilize the MLS listing information and assistance to work with local realtors to include accessibility information in listings in year two of the SPIL.</p> <p>1.1.C.c. At least 35% (8) of CILs will utilize the MLS listing information and assistance to work with local realtors to include accessibility information in listings in year three of the SPIL.</p> <p>1.1.C.d. MOSILC Housing Committee will develop and provide a list of key</p>	<p>10/01/2020</p> <p>10/01/2021</p> <p>10/01/2020</p> <p>10/01/2022</p> <p>10/01/2021</p>	<p>9/30/2023</p> <p>9/30/2023</p> <p>9/30/2022</p> <p>9/30/2023</p> <p>9/30/2022</p>

	<p>stakeholder parties that influence housing development for centers for independent living to utilize in their Housing efforts in year two of the SPIL.</p> <p>1.1.C.e. The SILC Housing Committee will increase membership by one person in each SPIL year to increase CIL and stakeholder participation in goals and objectives.</p>	10/01/2020	9/30/2023
<b>1.2. Employment</b>	<p>1.2.A. Increase competitive and integrated employment of persons with disabilities.</p> <p>Action Steps:</p> <p>1.2.A.a. Provide education for employers and consumers regarding state and federal work incentives.</p> <p>1.2.A.b. At least 10% of consumers who obtain competitive employment utilize at least one SSI/SSDI work incentive.</p>	10/01/2020	9/30/2023
	<p>1.2.A.a. Provide education for employers and consumers regarding state and federal work incentives.</p> <p>1.2.A.b. At least 10% of consumers who obtain competitive employment utilize at least one SSI/SSDI work incentive.</p>	10/01/2020	9/30/2023
	<p>1.2.B. Engage community partners to advocate for competitive employment.</p> <p>Action Steps:</p> <p>1.2.B.a. At least 10% (2) of CILs join or establish community boards and/or commissions with an emphasis on competitive and/or supported employment.</p>	10/01/2020	9/30/2023
	<p>1.2.B.a. At least 10% (2) of CILs join or establish community boards and/or commissions with an emphasis on competitive and/or supported employment.</p>	10/01/2020	9/30/2021

	<p>1.2.C. Promote education for CIL staff regarding Social Security incentives for employment.</p> <p>Action Steps:</p> <p>1.2.C.a. 10% (2) of CILs will have at least one staff member complete any free web course offered by Virginia Commonwealth University regarding SSI/SSDI benefits and work incentives.</p> <p>1.2.C.b. During each subsequent year of SPIL, increase participation by CILs by 5% (1).</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2021</p>	<p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/2023</p>
	<p>1.2.D. Increase CIL participation in VR programs such as summer employment and Pre-ETS.</p> <p>Action Steps:</p> <p>1.2.D.a. At least 20% of the CILs will participate with summer employment and/or Pre-ETS during the first year of this SPIL.</p> <p>1.2.D.b. During each subsequent year of VR programs, increase participation by CILs by 5% (1).</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2021</p>	<p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/2023</p>
<b>1.3 Public Transportation</b>	<p>1.3.A. Increase awareness of existing transportation systems by making information available in an easily accessible format.</p> <p>Action Steps:</p> <p>1.3.A.a. Publicize resources on the SILC and CILs</p>	<p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p>

	<p>websites.</p> <p>1.3.A.b. Ensure that all CILs have access to local and regional transportation resources.</p> <p>1.3.A.c. Work with transportation providers to ensure their information is available to the public.</p>	<p>10/01/2020</p> <p>10/01/2021</p>	<p>9/30/2023</p> <p>9/30/2023</p>
	<p>1.3.B. Work closely with local, regional, and state planning entities and providers to promote transportation.</p> <p>Action Steps:</p> <p>1.3.B.a. Persons with Disabilities and/or CIL staff serve on local transportation boards, such as Regional Planning Commissions, Transportation Advisory Commissions, and/or, Share-a-fare (Kansas City paratransit), etc.</p> <p>1.3.B.b. The SILC and CILs work with the media to promote and educate the public about these systems.</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p> <p>9/30/2023</p>
	<p>1.3.C. Increase the number of CIL consumers who use public transportation.</p> <p>Action Steps:</p> <p>1.3.C.a. CILs and SILC will work with rural and urban transportation providers to determine usage of public transportation by persons with disabilities.</p>	<p>10/01/2021</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p>



	<p>1.3.C.b. CILs and SILC will use the collected information in transportation advocacy and planning efforts.</p> <p>1.3.C.c. Promote, advocate, and monitor public transportation usage.</p> <p>1.3.C.d. CILs and SILC will communicate with and facilitate the provision of additional integrated transportation by Sheltered Workshops, Missouri Association of County Developmental Disabilities, county mental health boards and other entities that provide transportation.</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p> <p>9/30/2023</p>
	<p>1.3.D. Promote “Ride Share” programs.</p> <p>Action Steps:</p> <p>1.3.D.a. At least one CIL explore a “Ride Share” program in their service area to see if the need exists.</p>	<p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p>
<p><b>Goal 2: Stimulate civic engagement of Missourians with disabilities and Centers for Independent Living (CILs) to result in increased inclusion and independence.</b></p>		<p>10/01/2020</p>	<p>9/30/2023</p>
<p><b>2.1 Civic Engagement</b></p>	<p>2.1.A. Encourage and educate persons with disabilities on the importance of civic engagement, promoting self-advocacy.</p>	<p>10/01/2020</p>	<p>9/30/2023</p>

	<p>Action Steps:</p> <p>2.1.A.a. Throughout the life of the SPIL CILs will collect a random sample of data from eligible consumers to measure their civic engagement patterns (i.e., voter registration, casting their ballot in local/state/national elections).</p> <p>2.1.A.b. A minimum of 50% (11) CILs will provide education materials to consumers by the end of year one of the SPIL, no less than 60% (13) CILs by the end of year two, and at the least 75% (16) by the end of year three of the SPIL.</p> <p>2.1.A.c. A minimum of 50% (11) of the CILs will reach out to their local election commissions to offer resources on ADA compliance and accessible voting by the end of year one of the SPIL, no less than 60% (13) CILs by the end of year two, and at the least 75% (16) by the end of year three of the SPIL.</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2021</p> <p>10/01/2022</p> <p>10/01/2020</p> <p>10/01/2021</p> <p>10/01/2022</p>	<p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/2022</p> <p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/2022</p> <p>9/30/2023</p>
	<p>2.1.B. Educate self-advocates about serving on local and state boards, committees, and commissions.</p> <p>Action Steps:</p> <p>2.1.B.a. MOSILC will develop or utilize training materials to develop self-</p>	<p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2021</p>

	<p>advocates that are prepared to advocate, serve on boards, councils, commissions, and/or committees.</p> <p>2.1.B.b. At least 50% (11) of the CILs have one consumer or staff member serving on a local or state board, council, commission, and/or committee by the end of year two of the SPIL, and at least 60% (13) by the end of year three.</p>	<p>10/01/2020</p> <p>10/01/2022</p>	<p>9/30/2022</p> <p>9/30/2023</p>
	<p>2.1.C. CILs will educate policymakers on prioritizing disability rights in all areas of public policy.</p> <p>Action Steps:</p> <p>2.1.C.a. At least 30% (7) of the CILs will host or publicize voter forums in their service area by the end of year one of the SPIL, at least 40% (9) by the end of year two, and at a minimum 50% (11) by the end of year three.</p> <p>2.1.C.b. At least 50% (11) of the CILs will participate in an advocacy day by the end of year one of the SPIL, at least 60% (13) by the end of year two, and at minimum 70% (15) by the end of year three of the SPIL.</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2021</p> <p>10/01/2022</p> <p>10/01/2020</p> <p>10/01/2021</p> <p>10/01/2022</p>	<p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/2022</p> <p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/2022</p> <p>9/30/2023</p>
<b>Goal 3: Expand emergency preparedness, response</b>		10/01/2020	9/30/2023

<p><b>and recovery for people with disabilities in Missouri.</b></p>			
<p><b>3.1 Emergency Preparedness</b></p>	<p>3.1.A. Persons with disabilities in Missouri are prepared for emergencies and are included in the response and recovering planning made by local and state officials.</p> <p style="padding-left: 40px;">Action Steps:</p> <p style="padding-left: 40px;">3.1.A.a. CILs will identify and/or implement materials in various formats to develop an organizational emergency plan to ensure that staff members and volunteers are fully prepared to facilitate communication in the event of an emergency.</p> <p style="padding-left: 40px;">3.1.A.b. Identify and/or implement materials in various formats for use by Centers for Independent Living or other service providers to educate people with disabilities about being prepared in a disaster; 60% (13) of CILs will educate persons with disabilities regarding being prepared in a disaster by end of year one of the SPIL, 70% (15) CILs by end of year two, and 80% (18) CILs by end of year three of the SPIL.</p> <p style="padding-left: 40px;">3.1.A.c. CILs will encourage consumers to prepare individual and family plans so they are prepared to care for</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2020</p> <p>10/1/2021</p> <p>10/1/2022</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p> <p>9/30/2021</p> <p>9/30/22</p> <p>9/30/2023</p> <p>9/30/21</p>

	<p>themselves immediately after a disaster until help is available; 60% (13) of CILs will work with persons with disabilities to prepare individual and family plans so they are prepared to care for themselves immediately after a disaster until help is available in year one of the SPIL, 70% (15) of CILs in year two, and 80% (18) of CILs in year three of the SPIL.</p> <p>3.1.A.d. By year three of the SPIL a minimum of 80% of CILs will have developed and/or implemented organizational emergency plans to ensure that staff members and volunteers are fully prepared in the event of an emergency in their individual service areas in order to limit service delivery interruption to consumers and the community.</p>	<p>10/01/2021 10/01/2022</p> <p>10/01/2020</p>	<p>9/30/2022 9/30/2023</p> <p>9/30/2023</p>
	<p>3.1.B. The Missouri SILC (MOSILC) and the CILs will foster a spirit of disability inclusion into all aspects of emergency management through partnerships and collaborations with local, state, and federal emergency management and others.</p> <p>Action Steps:</p> <p>3.1.B.a. The SPIL Committee will locate or develop an annual work plan to distribute to the Centers for Independent Living that collaborates</p>	<p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p>

	<p>with federal, state, and local agencies to coordinate, educate, and conduct outreach efforts regarding Emergency Preparedness in year two of the SPIL.</p> <p>3.1.B.b. MOSILC and CILs ensure that the State Emergency Operations Plan is inclusive of people with disabilities.</p> <p>3.1.B.c. MOSILC and CILs provide disability-related input to the State Emergency Management Agency and to other county and/or local governmental and non-governmental agencies responsible for emergency preparedness, response, and recovery.</p> <p>3.1.B.d. MOSILC and CILs promote independent living participation in local and state emergency planning, preparedness, and response activities.</p>	<p>10/01/2020</p> <p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p> <p>9/30/2023</p>
<b>Goal 4. Increase the capacity of the Missouri Statewide Independent Living Council.</b>		10/01/2020	9/30/2023
<b>4.1 MOSILC Capacity</b>	<p>4.1.A Identify resources needed to fulfill the expanded role of the Missouri Statewide Independent Living Council.</p> <p>Action Steps:</p> <p>4.1.A.a. Discover/develop financial resources that provide for the MOSILC Executive Director to hire</p>	<p>10/01/2020</p> <p>10/01/2020</p>	<p>9/30/2023</p> <p>9/30/2023</p>

	<p>staff to facilitate the operations of the Statewide Independent Living Council to foster the Council's continued collaboration with Centers for Independent Living and the Designated State Entity.</p> <p>4.1.A.b. Develop and implement an annual resource/action plan.</p>	10/01/2020	9/30/2023
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1.4 Evaluation

Methods and processes the SILC will use to evaluate the effectiveness of the SPIL including timelines and evaluation of satisfaction of individuals with disabilities.

To facilitate the SILC's duty to monitor, review, and evaluate the implementation of the State Plan for Independent Living, the Missouri statewide IL Network agrees to the following performance measures.

<b>Goals from Section 1</b>	<b>Method(s) that will be used to evaluate</b>
<p>Goal 1: Increase community integration of persons with disabilities across Missouri in the areas of: (1) housing, (2) employment, and (3) transportation.</p> <p>Goal 2: Stimulate civic engagement of Missourians with disabilities and Centers for Independent Living (CILs) to result in increased inclusion and independence.</p> <p>Goal 3: Expand emergency preparedness, response and recovery for people with disabilities in Missouri.</p> <p>Goal 4. Increase the capacity of the Missouri Statewide Independent Living Council.</p>	<ol style="list-style-type: none"> <li>1. The MOSILC SPIL Committee will meet bi-monthly to review SPIL progress reports (CILs Quarterly Review) and evaluate whether timelines are being met. If action steps and/or objectives have not been accomplished, analyze why and determine whether adjustments need to be made.</li> <li>2. Review the annual consumer satisfaction survey and annual consumer needs survey results.</li> <li>3. Review the Program Performance reports from all MO CILS listed in the SPIL at the end of each federal fiscal year.</li> <li>4. Review ACL and DSE Site Review reports of CILS when available.</li> <li>5. Create an annual Progress Report on the state of IL in Missouri, including an analysis and recommendations and distribute to IL Network, state legislature, Governor's office and other interested parties.</li> </ol>

### 1.5 Financial Plan

Sources, uses of, and efforts to coordinate funding to be used to accomplish the Goals and Objectives. Process for grants/contracts, selection of grantees, and distribution of funds to facilitate effective operations and provision of services.

<b>Fiscal Year(s): 2021</b>					
<b>Sources</b>	<b>Projected Funding Amounts and Uses</b>				
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities	Retained by DSE for Administrative costs (applies only to Part B funding)
<b>Title VII Funds</b>					
Chapter 1, Part B	\$9,898 RSB/\$63,877 OALRS	\$52,029	\$206,913		\$6,000
Chapter 1, Part C			\$1,370,732		
<b>Other Federal Funds</b>					
Sec. 101(a)(18) of the Act (Innovation and Expansion)	\$36,153				
Social Security Reimbursement		\$107,000	\$1,060,633		
Other: CARES Act Funding (Part C CILs)		\$1,324,958			
<b>Non-Federal Funds (include the match amount in non-federal funds)</b>					
State Funds			\$3,459,200		
Other					

<b>Fiscal Year(s): 2022</b>					
<b>Sources</b>	<b>Projected Funding Amounts and Uses</b>				
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities	Retained by DSE for Administrative



					costs (applies only to Part B funding)
<b>Title VII Funds</b>					
Chapter 1, Part B	\$9,898 RSB/\$63,877 OALRS	\$52,029	\$206,913		\$6,000
Chapter 1, Part C			\$1,370,732		
<b>Other Federal Funds</b>					
Sec. 101(a)(18) of the Act (Innovation and Expansion)	\$36,153				
Social Security Reimbursement		\$107,000	\$1,060,633		
Other					
<b>Non-Federal Funds</b> (include the match amount in non-federal funds)					
State Funds			\$3,459,200		
Other					

<b>Fiscal Year(s): 2023</b>					
<b>Sources</b>	<b>Projected Funding Amounts and Uses</b>				
	SILC Resource Plan	IL Services	General CIL Operations	Other SPIL Activities	Retained by DSE for Administrative costs (applies only to Part B funding)
<b>Title VII Funds</b>					
Chapter 1, Part B	\$9,898 RSB/\$63,877 OALRS	\$52,029	\$206,913		\$6,000
Chapter 1, Part C			\$1,370,732		
<b>Other Federal Funds</b>					
Sec. 101(a)(18)	\$36,153				

of the Act (Innovation and Expansion)				
Social Security Reimbursement		\$107,000	\$1,060,633	
Other				
<b>Non-Federal Funds</b> (include the match amount in non- federal funds)				
State Funds			\$3,459,200	
Other				

The twenty-two CILs in Missouri are funded with a combination of state and federal funds. Missouri IL receives approximately \$1,370,732 Part C funds and \$338,717 in Part B funds, \$73,775 of which is used to support the SILC each year, \$206,913 to CILs in grants, \$34,135 to RSB for IL services each year, with the remaining \$6,000 to support DSE administrative IL expenses.

Through an MOU, a portion of the Chapter 1, Part B monies, referenced above, are spent through Rehabilitation Services for the Blind (RSB) to provide independent living services for individuals who are blind and visually impaired.

Social Security Reimbursement monies totaling \$1,167,633 are dedicated by the DSE to the independent living program. An amount of \$1,060,633 is distributed to the CILs in grants, leaving the remaining \$107,000 for required DSE administrative and oversight responsibilities.

State funding of approximately \$3,459,200 will be distributed to CILs each year. This amount more than satisfies the Part B federal match requirement of 10% or \$37,635. Thirteen CILs receive state funding only, while the remaining nine are funded with both state and federal funds through Part B or Part C. This funding is used to provide independent living services to individuals with significant disabilities and to support the general operation of centers. As a 722 state, Part C funds are disbursed directly to the four CILs receiving Part C funding while the Part B and state funds are disbursed through state grants to the twenty-two CILs.

Five staff members of the MVR are assigned partial duties related to activities as defined in Chapter 1 of the Rehabilitation Act as Amended. The staff provide monitoring, guidance and training to the CILs. The SILC Executive Director provides administrative duties for the operation of the council.

**Additional Funding:**

**COVID-19 Aid, Relief, and Economic Security Act (CARES Act) supplemental funding**

Nationally, Centers for Independent Living (CILs) have received \$85 million in COVID-19 Aid, Relief, and Economic Security Act (CARES Act) supplemental funding for Part C Centers. \$85 million for Centers for Independent Living is to provide direct and immediate support and services to individuals with disabilities who are experiencing disruptions to their independent, community-based living due to the COVID-19 pandemic. Services will ensure individuals with disabilities have the supports they need to safely stay in their homes or return home after a hospitalization or institutionalization during (and directly after) COVID-19.

**CARES Act allocated \$1,324,958 directly to Missouri’s 4 Part C Centers on 4-21-20:**

MO DISABLED CITIZENS ALLIANCE FOR INDEPENDENCE INC \$ 301,477  
 MO PARAQUAD, INC \$ 458,972  
 MO INDEPENDENT LIVING CENTER OF MID-MISSOURI, INC \$ 283,162  
 MO WHOLE PERSON, INC \$ 281,347

**Section 2: Scope, Extent, and Arrangements of Services**

**2.1 Services**

Services to be provided to persons with disabilities that promote full access to community life including geographic scope, determination of eligibility and statewide-ness.

<b>Independent living services</b>	<b>Provided using Part B (check to indicate yes)</b>	<b>Provided using other funds (check to indicate yes; do not list the other funds)</b>	<b>Entity that provides (specify CIL, DSE, or the other entity)</b>
Core Independent Living Services, as required: <ul style="list-style-type: none"> <li>– Information and referral</li> <li>– IL skills training</li> <li>– Peer counseling</li> <li>– Individual and systems advocacy</li> <li>– Transition services including:                             <ul style="list-style-type: none"> <li>▪ Transition from nursing homes &amp; other institutions</li> <li>▪ Diversion from institutions</li> <li>▪ Transition of youth (who were eligible for an IEP) to post-secondary life</li> </ul> </li> </ul>	X	X	CIL
Counseling services, including psychological, psychotherapeutic, and related services	X	X	CIL

<b>Independent living services</b>	<b>Provided using Part B (check to indicate yes)</b>	<b>Provided using other funds (check to indicate yes; do not list the other funds)</b>	<b>Entity that provides (specify CIL, DSE, or the other entity)</b>
Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with disabilities) Note: CILs are not allowed to own or operate housing.	X	X	CIL
Rehabilitation technology	X	X	CIL
Mobility training	X	X	CIL
Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter and reader services	X	X	CIL
Personal assistance services, including attendant care and the training of personnel providing such services	X	X	CIL
Surveys, directories and other activities to identify appropriate housing, recreation opportunities, and accessible transportation, and other support services	X	X	CIL
Consumer information programs on rehabilitation and independent living services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act	X	X	CIL
Education and training necessary for living in the community and participating in community activities	X	X	CIL
Supported living Note: CILs are not allowed to own or operate housing.	X	X	CIL
Transportation, including referral and assistance for such transportation and training in the use of public transportation vehicles and systems	X	X	CIL
Physical rehabilitation	X	X	CIL
Therapeutic treatment	X	X	CIL
Provision of needed prostheses and other appliances and devices	X	X	CIL
Individual and group social and recreational services	X	X	CIL

<b>Independent living services</b>	<b>Provided using Part B (check to indicate yes)</b>	<b>Provided using other funds (check to indicate yes; do not list the other funds)</b>	<b>Entity that provides (specify CIL, DSE, or the other entity)</b>
Training to develop skills specifically designed for youths who are individuals with disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options	X	X	CIL
Services for children	X	X	CIL
Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance, of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with disabilities	X	X	CIL
Appropriate preventive services to decrease the need of individuals with disabilities for similar services in the future	X	X	CIL
Community awareness programs to enhance the understanding and integration into society of individuals with disabilities	X	X	CIL
Such other services as may be necessary and not inconsistent with the Act	X	X	CIL

## 2.2 Outreach

Identify steps to be taken regarding statewide outreach to populations that are unserved or underserved by programs that are funded under Title VII, including minority groups and urban and rural populations.

– Definitions of “unserved” and “underserved” for outreach

Unserved populations are those that do not have access to service delivery in the State of Missouri.

Underserved populations are those that have access to service delivery in the State of Missouri, however, those populations are considered disadvantaged because of ability to access services for reasons of race, religion, language group or social status.

Missouri does not consider any population as unserved as all 114 counties in the state are served by a CIL. The Missouri underserved IL populations targeted for outreach efforts include youth,

Deaf and hard of hearing, veterans with disabilities, those with mental health diagnoses, cognitive, blind and low vision, and minority groups as determined by the region or community.

– How unserved and underserved are determined

CILs, as cross-disability organizations, will maintain contact with appropriate community organizations specific to outreach to the mental health community, veterans, senior citizens and the community of persons who are blind or visually impaired. The populations indicated above are located throughout Missouri. The twenty-two CILs in Missouri serve every county and city in Missouri where the targeted populations reside.

– Targeted populations and/or geographic areas

All groups identified above as unserved/underserved live dispersed throughout the 114 Missouri counties and 1 independent city. The CILs each have their own outreach plans. This section is to address statewide outreach efforts and is to be separate from, not inclusive of or replacing, the CILs outreach plans.

– Outreach activities and methods to be conducted and who will conduct each

1. CIL staff will establish and continue contact with local community partners that are minority focused to educate on CIL services and encourage referrals.
2. CIL staff will collaborate with youth and family focused organizations, e.g. the youth mentoring service provider, Special Education Cooperatives, schools, etc. to increase independent living opportunities to young people with disabilities.
3. CILs, as cross disability organizations, will establish and continue contact with appropriate community organizations specific to outreach to the mental health community, the blind or low vision community, the Deaf and hard of hearing community, and the cognitive disability community.

The following programs will continue to be provided: health fairs in underserved areas, presentations for outreach, broadening distribution of PSA's which are bi-lingual, outreach to senior citizens and nursing homes, outreach by SILC to the Veteran's Commission and issue invitations to attend SILC meetings, invitations to attend SILC meetings to State agencies for senior citizens. Through the 501c3, the SILC provides scholarship opportunities to eligible students attending accredited colleges or vocational programs. The SILC sponsors youth to attend the MO Youth Leadership Forum annually.

### 2.3. Coordination

As was true with our previous SPIL, MOSILC and the CILs continue to pursue and develop partnerships and collaborations with other providers of IL or closely related services at the federal, state, county, municipal and public/private sector levels. The Missouri Department of Health and Senior Services/Division of Senior and Disability Services, and the Missouri Governor's Council

on Disability representatives give quarterly updates at the MOSILC quarterly meeting. The DSE holds quarterly meetings for the IL grantees and others to help increase collaboration and sharing of information for the IL programs across the state. MOSILC meets with and provides SPIL updates to members of MOCIL (an association of Missouri Centers for Independent Living). MOSILC holds a seat on and attends the State Rehabilitation Council meetings. The MOSILC facilitates IL network meetings as needed. CILs are invited to all MOSILC quarterly meetings.

Missouri has a history of coordination between agencies to ensure awareness of community needs while avoiding duplication of services. Much of the coordination and collaboration occurs at the local level when reviewing the services required in order to meet the needs of individuals in that community.

The Missouri IL program coordinates with the Missouri Department of Health & Senior Services, Missouri Department of Elementary & Secondary Education, universities, developmental disability agencies, public health entities, Missouri Department of Social Services, Department of Environmental Health, Department of Commerce and Insurance (DCI), state organizations and agencies handling housing, community mental health centers, transportation councils, VR programs and veteran's programs. Missouri IL programs make a concerted effort to use existing programs to gain maximum benefits of Title VII, Chapter 1 funds and to ensure no unnecessary duplication of services.

There is continuous collaboration in Missouri between the SILC, CILs, and the DSE to work together in the development of statewide trainings. The CILs will continue to capitalize on the knowledge of policy makers and officials on the needs of individuals with disabilities. The CILs will expand integration of individuals with disabilities into mainstream society through the enrichment of the IL philosophy. CILs will work to ensure that IL providers outside of the CILs have knowledge of the five core services in order to provide a responsive network of supports and services to meet the needs of individuals with disabilities.

## **Section 3: Network of Centers**

### **3.1 Existing Centers**

Current Centers for Independent Living legal name; geographic area and counties served; and source(s) of funding. Oversight process, by source of funds (e.g., Part B, Part C, state funds, etc.) and oversight entity.

The State of Missouri currently has a network of twenty-two freestanding CILs – each having their own Board of Directors. The CILs have catchment areas, which cover all counties of the state.

Centers that comprise the Missouri statewide network include:

<b>Legal Name</b>	<b>Counties Served</b>	<b>Oversight Process</b>	<b>Oversight Entity</b>	<b>SPIL Signatory (yes/no)</b>
Access II Independent Living @	Caldwell, Carroll, Daviess, Grundy, Harrison, Mercer, Livingston, Ray	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Bootheel Area Independent Living Services @	Dunklin, New Madrid, Pemiscot, Stoddard	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Disabled Citizen Alliance for Independence ^	Iron, Crawford, Dent, Reynolds, Washington	CIL submits CIL PPR to ACL/OILP and DSE	ACL/OILP DSE	Yes
Delta Center for Independent Living @	Lincoln, Warren, St. Charles	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Disability Resource Association @	Jefferson	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Heartland Independent Living Center @	Franklin, Gasconade, Maries	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Independent Living Center of Southeast Missouri @	Butler, Carter, Ripley, Wayne	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Independent Living Resource Center @	Cole, Camden, Miller, Moniteau, Morgan, Osage, South Callaway	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes



Living Independently For Everyone @	Madison, St. Genevieve, St. Francois	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Midland Empire Resources for Independent Living #	Andrew, Atchison, Buchanan, Clinton, DeKalb, Gentry, Holt, Nodaway, Worth	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
North East Independent Living Services @	Marion, Pike, Clark, Ralls, Monroe, Lewis	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Ozark Independent Living @	Douglas, Howell, Oregon, Ozark, Shannon, Wright, Texas	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
On My Own, Inc. @	Bates, Cedar, Hickory, St. Clair, Vernon	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Paraquad ^	St. Louis City, St. Louis County	CIL submits CIL PPR to ACL/OILP and DSE	ACL/OILP DSE	Yes
Rural Advocates for Independent Living #	Adair, Chariton, Knox, Linn, Macon, Putnam, Schuyler, Scotland, Shelby, Sullivan	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
SEMO Alliance for Disability Independence #	Bollinger, Cape Girardeau, Mississippi, Perry, Scott	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
Empower Abilities	Greene, Christian,	DSE determines oversight process, which involves the CIL	DSE	Yes

(formerly SCIL) #	Dallas, Lawrence, Polk, Stone, Taney, Webster	submitting Program Performance Report (PPR) to DSE.		
Services for Independent Living ^	Audrain, Boone, Callaway, Cooper, Howard, Montgomery, Randolph	CIL submits CIL PPR to ACL/OILP and DSE	ACL/OILP DSE	Yes
Tri-County Center for Independent Living @	Phelps, Pulaski, Laclede Counties	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
The Independent Living Center #	Jasper, Newton, McDonald, Barry, Barton, Dade	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes
The Whole Person ^	Cass, Clay, Jackson, Platte	CIL submits CIL PPR to ACL/OILP and DSE	ACL/OILP DSE	Yes
West-Central Independent Living Solutions @	Benton, Henry, Johnson, Lafayette, Pettis, Saline	DSE determines oversight process, which involves the CIL submitting Program Performance Report (PPR) to DSE.	DSE	Yes

@ State funding only.

# Combination of State and Federal Part B funding.

^ Combination of State and Federal Part C funding.

### 3.2 Expansion and Adjustment of Network

There are twenty-two CILs receiving state funding (four of which are Part C and five Part B CILs, and eighteen state funded only CILs). All Missouri counties are served by a CIL. Missouri has no geographically unserved areas. The DSE, CILs and SILC prioritized the underserved areas in Missouri as listed below. The minimum annual funding level for establishing a new center should be \$570,000. This amount would be used for salaries and overhead in providing services in the underserved area. Should additional funding become available (beyond the required cost-of-living increase) but less than \$570,000 it would be distributed to the current CILs in Missouri proportional to the regular award amounts from ACL (federal) and/or state general revenue. If \$570,000 or more becomes available, the MOSILC and CILs will determine the allocation of those funds.

## Section 4: Designated State Entity

Missouri Vocational Rehabilitation will serve as the entity in Missouri designated to receive, administer, and account for funds made available to the state under Title VII, Chapter 1, Part B of the Act on behalf of the State.

### 4.1 DSE Responsibilities

- (1) Receive, account for, and disburse funds received by the State under this chapter based on the plan;
- (2) Provide administrative support services for a program under Part B, and a program under Part C in a case in which the program is administered by the State under section 723;
- (3) Keep such records and afford such access to such records as the Administrator finds to be necessary with respect to the programs;
- (4) Submit such additional information or provide such assurances as the Administrator may require with respect to the programs; and
- (5) Retain not more than 5 percent of the funds received by the State for any fiscal year under Part B for the performance of the services outlined in paragraphs (1) through (4).

### 4.2 Grant Process & Distribution of Funds

Grant processes, policies, and procedures to be followed by the DSE in the awarding of grants of Part B funds.

Missouri Vocational Rehabilitation (MVR) will follow the State of Missouri processes for grants.

### 4.3 Oversight Process for Part B Funds

The oversight process to be followed by the DSE.

Missouri Vocational Rehabilitation (MVR) monitors monthly financial reports as well as quarterly and annual individual program performance reports submitted by all CILs receiving funding through MVR. Additionally, MVR also requires submission of independent auditor's reports by MOSILC and all CILs annually.

### 4.4 Administration and Staffing

Administrative and staffing support provided by the DSE.

No more than 5% of Part B appropriation will be used on administrative costs. No DSE employees will serve as staff to the SILC.

### 4.5 State Imposed Requirements

State-imposed requirements contained in the provisions of this SPIL including: (45 CFR 1329.17(g))

- State law, regulation, rule, or policy relating to the DSE's administration or operation of IL programs
- Rule or policy implementing any Federal law, regulation, or guideline that is beyond what would be required to comply with 45 CFR 1329

- That limits, expands, or alters requirements for the SPIL

There are no state imposed requirements on IL.

#### 4.6 722 vs. 723 State

Check one:

- 722 (if checked, will move to Section 5)  
 723 (if checked, will move to Section 4.7)

#### 4.7 723 States

Order of priorities for allocating funds amounts to Centers, agreed upon by the SILC and Centers, and any differences from 45 CFR 1329.21 & 1329.22.

How state policies, practices, and procedures governing the awarding of grants to Centers and oversight of the Centers are consistent with 45 CFR 1329.5, 1329.6, & 1329.22.

N/A

## **Section 5: Statewide Independent Living Council (SILC)**

### 5.1 Establishment of SILC

How the SILC is established, and SILC autonomy is assured.

The Missouri Statewide Independent Living Council, Inc. aka Missouri SILC aka MOSILC is incorporated as a non-profit, has received 501 (c)(3) status from the Internal Revenue Service, and is independent of all State agencies, including the DSE. The MOSILC is governed by a Governing Council of Directors with members appointed by the governor. In the absence of paid staff, the board may designate assignment of MOSILC duties. MOSILC's office is located separate from the DSE. The Missouri SILC Governing Council is responsible to contract and evaluate its independent contractor contracted to administrate the duties of Executive Director, establish and manage its budget, and set and carryout priorities and activities.

### 5.2 SILC Resource plan

Resources (including necessary and sufficient funding, contractor (ED)/administrative staff, and other contracted services), by funding source and amount, for SILC to fulfill all duties and authorities.

The MOSILC resource plan includes:

\$9,898 RSB + \$63,877 OALRS + \$36,153 Innovation and Expansion Funds for FFY 2021  
\$9,898 RSB + \$63,877 OALRS + \$36,153 Innovation and Expansion Funds for FFY 2022  
\$9,898 RSB + \$63,877 OALRS + \$36,153 Innovation and Expansion Funds for FFY 2023

The Missouri Statewide Independent Living Council, Inc. (MOSILC) was established as a not-for-profit corporation to coordinate the functions related to the planning, monitoring, and evaluation

of the State Plan for Independent Living (SPIL) and other authorities as described in Section 705 of the Rehabilitation Act of 1973, as amended. The MOSILC will maintain staff and an office commensurate to the efforts necessary to carry out the work of the Council.

The resource plan outlined above identifies the federal and state funds provided by the DSE for the operation and management of the MOSILC in accordance with its federally designated duties and authorities.

The Resource Plan supports management and operation of the MOSILC, including but not limited to, independent contractor, maintaining not for profit 501(c)3 status, contractual services necessary to meet the designated duties and authorities of a SILC, council training and development, and travel costs and reasonable accommodations for members and independent contractor and staff. The MOSILC is autonomous and responsible to manage its budget.

*Process used to develop the Resource Plan.*

In accordance with the Rehabilitation Act of 1973 as Amended by WIOA of 2015, MOSILC and the DSE adhere to: SEC. 713. AUTHORIZED USES OF FUNDS.

(a) IN GENERAL.—The State may use funds received under this part to provide the resources described in section 705(e) (but may not use more than 30 percent of the funds paid to the State under section 712 for such resources unless the State specifies that a greater percentage of the funds is needed for such resources in a State plan approved under section 706), relating to the Statewide Independent Living Council, may retain funds under section 704(c)(5), and shall distribute the remainder of the funds received under this part in a manner consistent with the approved State plan for the activities described in subsection (b).

*Process for disbursement of funds to facilitate effective operations of SILC.*

As an independent and autonomous organization, MOSILC is responsible for management of its budget and any expenditures. As a grantee with the DSE, the MOSILC agrees, as follows, to be responsible for establishing and maintaining adequate procedures and internal financial controls governing the management and utilization of funds provided hereunder which will be in the form pursuant to generally accepted accounting procedures.

In addition, the MOSILC has in place fiscal policies and procedures which address internal controls, safe-guarding assets, expenditures, cash receipts, cash disbursements, bank statement reconciliation, compliance with all federal and state laws and regulations, and the annual budget process.

In the annual budget process, the MOSILC Executive Director develops a budget, to the maximum extent possible, based on existing net assets and anticipated assets under current agreements; which is then voted on by the Executive Committee, the presented to the Governing Council approval by vote. Budget revisions are made, as needed, when new funding is received during the fiscal year.

The resource plan will support the Councils activities, including contractor, personnel, operations, and the following designated duties and authorities:

**(1) Duties.** – The Council shall:

(A) develop the State plan as provided in section 704(a)(2);

(B) monitor, review, and evaluate the implementation of the State plan;

(C) meet regularly, and ensure that such meetings of the Council are open to the public and sufficient advance notice of such meetings is provided;

(D) submit to the Administrator such periodic reports as the Administrator may reasonably request, and keep such records, and afford such access to such records, as the Administrator finds necessary to verify the information in such reports; and

(E) as appropriate, coordinate activities with other entities in the State that provide services similar to or complimentary to independent living services, such as entities that facilitate the provision of or provide long-term community-based services and supports.

**(2) Authorities.** – The Council may, consistent with the State plan described in section 704, unless prohibited by State law –

(A) in order to improve services provided to individuals with disabilities, work with Centers for Independent Living to coordinate services with public and private entities; MOSILC leadership, in collaboration with all Missouri CILs and other entities whose standard operating practices actively support the IL philosophy, will provide education and awareness to public officials and public employees regarding the needs, priorities and emerging issues of CILs and Missourians with disabilities who need and use their services. This education and awareness can be achieved via public forums, electronic information sharing, and direct presentations at the local and state level.

(B) conduct resource development activities to support the activities described in this subsection or to collaborate and support the provision of Independent Living services by Centers for Independent Living; MOSILC will create a specific committee, subcommittee or workgroup to who will address the identification of potential new and varied revenue and funding sources for the MOSILC. These new sources may be achieved through grantsmanship, partnerships or other fund development measures.

(C) perform such other functions, consistent with the purpose of this chapter and comparable to other functions described in this subsection, as the Council determines to be appropriate.

**(3) Limitation.** – The Council shall not provide independent living services directly to individuals with significant disabilities or manage such services.

Justification if more than 30% of the Part B appropriation is to be used for the SILC Resource Plan.

N/A

### 5.3 Maintenance of SILC

How State will maintain SILC over the course of the SPIL.

MOSILC Membership Eligibility. All residents of the State of Missouri shall be eligible to apply for appointment to the MOSILC Governing Council of Directors.

MOSILC Membership Applications. The application for membership shall be available on the MOSILC website, <https://mosilc.org/>. On the MOSILC webpages go to the bottom of any page and click on Boards and Commissions information, or go directly to the Boards & Commission website at <https://boards.mo.gov/UserPages/Home.aspx>.

Application Review. The MOSILC has no control over applications reviewed or appointed through Boards & Commissions. We communicate with the Commission to make our wishes and/or concerns known. The governor's office makes appointments to the MOSILC.

The Governing Council of Directors of the MOSILC are responsible for hiring, evaluating and removal of the Executive Director. The Executive Director is responsible for hiring, evaluating, and supervising other staff. The Executive Director has the responsibility of managing the day-to-day operations including carrying out the policies and goals of the MOSILC. Those responsibilities are detailed in the Executive Director's position description. The Executive Director shall attend all Executive Committee and Council meetings. The current MOSILC policy manual outlines staff performance evaluations and allows MOSILC staff to request an evaluation at any time.

## **Section 6: Legal Basis and Certifications**

### 6.1 Designated State Entity (DSE)

The state entity/agency designated to receive and distribute funding, as directed by the SPIL, under Title VII, Part B of the Act is Missouri Vocational Rehabilitation.

Authorized representative of the DSE, Timothy E. Gaines Title Commissioner.

### 6.2 Statewide Independent Living Council (SILC)

The Statewide Independent Living Council (SILC) that meets the requirements of section 705 of the Act and is authorized to perform the functions outlined in section 705(c) of the Act in the State is Missouri Statewide Independent Living Council, Inc.

### 6.3 Centers for Independent Living (CILs)

The Centers for Independent Living (CILs) eligible to sign the SPIL, a minimum of 51% whom must sign prior to submission, are:

- Access II Independent Living
- Bootheel Area Independent Living Services

- Disabled Citizen Alliance for Independence
- Delta Center for Independent Living
- Disability Resource Association
- Heartland Independent Living Center
- Independent Living Center of Southeast Missouri
- Independent Living Resource Center
- Living Independently For Everyone
- Midland Empire Resources for Independent Living
- North East Independent Living Services
- Ozark Independent Living
- On My Own, Inc.
- Paraquad
- Rural Advocates for Independent Living
- SEMO Alliance for Disability Independence
- Empower Abilities (formerly SCIL)
- Services for Independent Living
- Tri-County Center for Independent Living
- The Independent Living Center
- The Whole Person
- West-Central Independent Living Solutions

#### 6.4 Authorizations

6.4.a. The SILC is authorized to submit the SPIL to the Independent Living Administration, Administration for Community Living. YES (Yes/No)

6.4.b. The SILC and CILs may legally carryout each provision of the SPIL. YES (Yes/No)

6.4.c. State/DSE operation and administration of the program is authorized by the SPIL. YES (Yes/No)

### **Section 7: DSE Assurances**

Timothy E. Gaines acting on behalf of the DSE Missouri Vocational Rehabilitation located at 3024 Dupont Circle, Jefferson City, MO 65109, Timothy.Gaines@vr.dese.mo.gov 45 CFR 1329.11 assures that:

- 7.1. The DSE acknowledges its role on behalf of the State, as the fiscal intermediary to receive, account for, and disburse funds received by the State to support Independent Living Services in the State based on the plan;



- 7.2. The DSE will assure that the agency keeps appropriate records, in accordance with federal and state law, and provides access to records by the federal funding agency upon request;
- 7.3. The DSE will not retain more than 5 percent of the funds received by the State for any fiscal year under Part B for administrative expenses;<sup>1</sup>
- 7.4. The DSE assures that the SILC is established as an autonomous entity within the State as required in *45 CFR 1329.14*;
- 7.5. The DSE will not interfere with the business or operations of the SILC that include but are not limited to:
  1. Expenditure of federal funds
  2. Meeting schedules and agendas
  3. SILC board business
  4. Voting actions of the SILC board
  5. Personnel actions
  6. Allowable travel
  7. Trainings
- 7.6. The DSE will abide by SILC determination of whether the SILC wants to utilize DSE staff:
  1. If the SILC informs the DSE that the SILC wants to utilize DSE staff, the DSE assures that management of such staff with regard to activities and functions performed for the SILC is the sole responsibility of the SILC in accordance with Sec. 705(e)(3) of the Act (Sec. 705(e)(3), 29 U.S.C.796d(e)(3)).
- 7.7. The DSE will fully cooperate with the SILC in the nomination and appointment process for the SILC in the State;
- 7.8. The DSE shall make timely and prompt payments to Part B funded SILCs and CILs:
  1. When the reimbursement method is used, the DSE must make a payment within 30 calendar days after receipt of the billing, unless the agency or pass-through entity reasonably believes the request to be improper;
  2. When necessary, the DSE will advance payments to Part B funded SILCs and CILs to cover its estimated disbursement needs for an initial period generally geared to the mutually agreed upon disbursing cycle; and
  3. The DSE will accept requests for advance payments and reimbursements at least monthly when electronic fund transfers are not used, and as often as necessary when electronic fund transfers are used, in accordance with the provisions of the Electronic Fund Transfer Act (15 U.S.C. 1693-1693r).

The signature below indicates this entity/agency's agreement to: serve as the DSE and fulfill all the responsibilities in Sec. 704(c) of the Act; affirm the State will comply with the aforementioned assurances during the three-year period of this SPIL; and develop, with the SILC, and ensure that the SILC resource plan is necessary and sufficient (in compliance with

section 8, indicator (6) below) for the SILC to fulfill its statutory duties and authorities under Sec. 705(c) of the Act, consistent with the approved SPIL.<sup>1</sup>

Timothy E. Gaines, Commissioner, Missouri Vocational Rehabilitation

Name and Title of DSE director/authorized representative

Signature

Date

Electronic signature may be used for the purposes of submission, but hard copy of signature must be kept on file by the SILC.

## **Section 8: Statewide Independent Living Council (SILC) Assurances and Indicators of Minimum Compliance**

### 8.1 Assurances

Adonis T. Brown, Executive Director acting on behalf of the SILC Missouri Statewide Independent Living Council, Inc. located at P.O. Box 104174, Jefferson City, MO 65110-4174, AdonisTBrown@mosilc.org 45 CFR 1329.14 assures that:

- (1) The SILC regularly (not less than annually) provides the appointing authority recommendations for eligible appointments;
- (2) The SILC is composed of the requisite members set forth in the Act;<sup>1</sup>
- (3) The SILC terms of appointment adhere to the Act;<sup>1</sup>
- (4) The SILC is not established as an entity within a State agency in accordance with 45 CFR Sec. 1329.14(b);
- (5) The SILC will make the determination of whether it wants to utilize DSE staff to carry out the functions of the SILC;
  - a. The SILC must inform the DSE if it chooses to utilize DSE staff;
  - b. The SILC assumes management and responsibility of such staff with regard to activities and functions performed for the SILC in accordance with the Act.<sup>1</sup>
- (6) The SILC shall ensure all program activities are accessible to people with disabilities;
- (7) The State Plan shall provide assurances that the designated State entity, any other agency, office, or entity of the State will not interfere with operations of the SILC, except as provided by law and regulation and;
- (8) The SILC actively consults with unserved and underserved populations in urban and rural areas that include, indigenous populations as appropriate for State Plan development as described in Sec. 713(b)(7) the Act regarding Authorized Uses of Funds.<sup>1</sup>

## Section 8.2 Indicators of Minimum Compliance

Indicators of minimum compliance for Statewide Independent Living Councils (SILC) as required by the Rehabilitation Act (Section 706(b), 29 U.S.C. Sec 796d-1(b)), as amended and supported by 45 CFR 1329.14-1329.16; and Assurances for Designated State Entities (DSE) as permitted by Section 704(c)(4) of the Rehabilitation Act (29 U.S.C. Sec. 796c(c)(4)), as amended.

### (a) STATEWIDE INDEPENDENT LIVING COUNCIL INDICATORS. –

#### (1) SILC written policies and procedures must include:

- a. A method for recruiting members, reviewing applications, and regularly providing recommendations for eligible appointments to the appointing authority;
  - b. A method for identifying and resolving actual or potential disputes and conflicts of interest that are in compliance with State and federal law;
  - c. A process to hold public meetings and meet regularly as prescribed in 45 CFR 1329.15(a)(3);
  - d. A process and timelines for advance notice to the public of SILC meetings in compliance with State and federal law and 45 CFR 1329.15(a)(3);
  - e. A process and timeline for advance notice to the public for SILC “Executive Session” meetings, that are closed to the public, that follow applicable federal and State laws;
    - i. “Executive Session” meetings should be rare and only take place to discuss confidential SILC issues such as but not limited to staffing.
    - ii. Agendas for “Executive Session” meetings must be made available to the public, although personal identifiable information regarding SILC staff shall not be included;
  - f. A process and timelines for the public to request reasonable accommodations to participate during a public Council meeting;
  - g. A method for developing, seeking and incorporating public input into, monitoring, reviewing and evaluating implementation of the State Plan as required in 45 CFR 1329.17; and
  - h. A process to verify centers for independent living are eligible to sign the State Plan in compliance with 45 CFR 1329.17(d)(2)(iii).
- (2) The SILC maintains regular communication with the appointing authority to ensure efficiency and timeliness of the appointment process.
- (3) The SILC maintains individual training plans for members that adhere to the SILC Training and Technical Assistance Center’s SILC training curriculum.
- (4) The SILC receives public input into the development of the State Plan for Independent Living in accordance with 45 CFR 1329.17(f) ensuring:
- a. Adequate documentation of the State Plan development process, including but not limited to, a written process setting forth how input will be gathered from the

state's centers for independent living and individuals with disabilities throughout the state, and the process for how the information collected is considered.

- b. All meetings regarding State Plan development and review are open to the public and provides advance notice of such meetings in accordance with existing State and federal laws and 45 CFR 1329.17(f)(2)(i)-(ii);
  - c. Meetings seeking public input regarding the State Plan provides advance notice of such meetings in accordance with existing State and federal laws, and 45 CFR 1329.17(f)(2)(i);
  - d. Public meeting locations, where public input is being taken, are accessible to all people with disabilities, including, but not limited to:
    - i. proximity to public transportation,
    - ii. physical accessibility, and
    - iii. effective communication and accommodations that include auxiliary aids and services, necessary to make the meeting accessible to all people with disabilities.
  - e. Materials available electronically must be 508 compliant and, upon request, available in alternative and accessible format including other commonly spoken languages.
- (5) The SILC monitors, reviews and evaluates the State Plan in accordance with 45 CFR 1329.15(a)(2) ensuring:
- a. Timely identification of revisions needed due to any material change in State law, state organization, policy or agency operations that affect the administration of the State Plan approved by the Administration for Community Living.
- (6) The SILC State Plan resource plan includes:
- a. Sufficient funds received from:
    - i. Title VII, Part B funds;
      - 1. If the resource plan includes Title VII, Part B funds, the State Plan provides justification of the percentage of Part B funds to be used if the percentage exceeds 30 percent of Title VII, Part B funds received by the State;
    - ii. Funds for innovation and expansion activities under Sec. 101(a)(18) of the Act, 29 U.S.C. Sec. 721(a)(18), as applicable;
    - iii. Other public and private sources.
  - b. The funds needed to support:
    - i. Staff/personnel;
    - ii. Operating expenses;
    - iii. Council compensation and expenses;
    - iv. Meeting expenses including meeting space, alternate formats, interpreters, and other accommodations;

- v. Resources to attend and/or secure training and conferences for staff and council members and;
- vi. Other costs as appropriate.

The signature below indicates the SILC’s agreement to comply with the aforementioned assurances and indicators:

Karen Gridley, kgridley@thewholeperson.org  
 Name of SILC chairperson

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Signature Date

Electronic signature may be used for the purposes of submission, but hard copy of signature must be kept on file by the SILC.

### Section 9: Signatures

The signatures below are of the SILC chairperson and at least 51 percent of the directors of the centers for independent living listed in section 6.3. These signatures indicate that the Missouri Statewide Independent Living Council, Inc. and the centers for independent living in the state agree with and intend to fully implement this SPIL’s content. These signatures also indicate that this SPIL is complete and ready for submission to the Independent Living Administration, Administration for Community Living, U.S. Department of Health and Human Services.

The effective date of this SPIL is October 1, 2020 (year)

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SIGNATURE OF SILC CHAIRPERSON DATE

Karen Gridley  
 NAME OF SILC CHAIRPERSON

Access II Independent Living  
 NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR DATE

Heather Swymeler  
 NAME OF CIL DIRECTOR

Bootheel Area Independent Living Services  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Tim Shaw

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NAME OF CIL DIRECTOR

Disabled Citizen Alliance for Independence  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

---

SIGNATURE OF CIL DIRECTOR

DATE

Dennis Atkins

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NAME OF CIL DIRECTOR

Delta Center for Independent Living  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

---

SIGNATURE OF CIL DIRECTOR

DATE

Jim Rueden

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NAME OF CIL DIRECTOR

Disability Resource Association  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

---

SIGNATURE OF CIL DIRECTOR

DATE

Nancy Pope

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NAME OF CIL DIRECTOR

Empower Abilities (formerly SCIL)  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Shannon Porter

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NAME OF CIL DIRECTOR

Heartland Independent Living Center  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Patrick Chambers

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NAME OF CIL DIRECTOR

Independent Living Center of Southeast Missouri  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Jennifer Brown

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NAME OF CIL DIRECTOR

Independent Living Resource Center  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Melinda Cardone

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NAME OF CIL DIRECTOR

Living Independently For Everyone  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

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NAME OF CIL DIRECTOR

Midland Empire Resources for Independent Living  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Robert Honan

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NAME OF CIL DIRECTOR

North East Independent Living Services  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR DATE

Brook Kendrick

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NAME OF CIL DIRECTOR

Ozark Independent Living  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR DATE

Cindy Moore

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NAME OF CIL DIRECTOR

On My Own, Inc.  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR DATE

Jennifer Gundy

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NAME OF CIL DIRECTOR

Paraquad  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR DATE

Amy Wehmeier

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NAME OF CIL DIRECTOR

Rural Advocates for Independent Living  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR DATE

LaDonna Williams

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NAME OF CIL DIRECTOR



SEMO Alliance for Disability Independence  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Donna Thompson

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NAME OF CIL DIRECTOR

Services for Independent Living  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Jessica Macy

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NAME OF CIL DIRECTOR

Tri-County Center for Independent Living  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Doug Williams

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NAME OF CIL DIRECTOR

The Independent Living Center  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Jeff Flowers

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NAME OF CIL DIRECTOR

The Whole Person  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Julie DeJean

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NAME OF CIL DIRECTOR

West-Central Independent Living Solutions  
NAME OF CENTER FOR INDEPENDENT LIVING (CIL)

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SIGNATURE OF CIL DIRECTOR

DATE

Deb Hobson

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NAME OF CIL DIRECTOR

Electronic signatures may be used for the purposes of submission, but hard copy of signature must be kept on file by the SILC.