

IDDHelp

www.IDDHelp.org

877-256-2202

HELP STARTS HERE.

Individuals with intellectual and developmental disabilities and their families now have a place to turn to get the help they need.

FREE | CONFIDENTIAL | 24/7/365

AN IDD SPECIALIST IS AVAILABLE MON-FRI, 8 AM TO 5 PM

IDDHelp

www.IDDHelp.org

877-256-2202

FREE | CONFIDENTIAL | 24/7/365
AN IDD SPECIALIST IS AVAILABLE MON-FRI, 8 AM TO 5 PM

For people with a developmental disability in the Greater St. Louis Region, an IDD Community Connector can get you connected to the resources you need:

SYSTEMS NAVIGATION

DMH service coordination •
School Districts • Medicaid
• assessments • ADA •
First Steps • Vocational
Rehabilitation

DAILY LIFE & EMPLOYMENT

adult day programs • volunteer
opportunities • retirement • job
training • sheltered employment
• community employment •
adult learning • continuing
education • transportation

HEALTHY LIVING/SOCIAL

therapy (OT/PT/Speech) •
counseling • support groups
• recreation • socialization •
summer opportunities • fitness

COMMUNITY LIVING

assistive technology •
adaptive equipment • home
modifications • personal
care assistance • residential
supports • independent living

FAMILY SUPPORT/ ADVOCACY

crisis services • respite • early
childhood supports • school
age supports • legal services •
parent training

MUCH, MUCH MORE

Just give us a call and see how
we can help.

This service is powered by United Way 2-1-1

